



**THE MARLBOROUGH TRIATHLON AND MULTISPORT CLUB PRESENT THE SUMMER TRI /
DU SERIES- Dec 2011 to April 2012**

SPONSORED BY REIDIE CYCLES

DISTANCES

AQUATHON		2.5 k run	200 m swim	3 k run
DUATHLON	Medium	2.5 k run	15 k cycle	2.5 k run
	Long	2.5 k run	20 k cycle	5 k run
TRIATHLON	Short	50 m swim	2 k cycle	1 k run
	Medium	300 m swim	15 k cycle	3 k run
	Long	750 m swim	20 k cycle	5 k run

(An adult must accompany younger children on the short triathlon cycle leg)

DATES

December 11	Venue - Paddy Barrys car park
January 15	9.30 am start, 9.00am registration, 9.15am briefing
February 12	Adults \$20 Club Member \$15 Student \$5
March 11	Prize draw of \$50 Reidie Cycles Voucher

Michael Huntley Memorial Triathlon (Club Championships) - Standard Course distance Triathlon and Duathlon - Sunday 1 April (Anakiwa)

OTHER MTMC EVENTS:

Anakiwa Triathlon:	21 January	For more information visit:
Quadrathon:	18 March	marlboroughmultisport.wordpress.com